



*Assisted Living Consult* can be a tool to help enhance quality and improve outcomes in your facility. Each issue presents learning opportunities for providers and the related care team. Copy this section and have your staff read the articles and test their knowledge by answering the questions below. Please note that each article topic appears in color, with specific related questions below.

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## The Role of the Clinical Pharmacist in AL Facilities

- Drug regimen reviews (DRRs) are mandated in all long-term care (LTC) facilities that include assisted living (AL) facilities.
  - True
  - False
- Pharmacists can play an active role in all of the following except:
  - Conducting comprehensive medication histories.
  - Directly changing costly medications to less costly ones without a prescriber's authorization.
  - Educating patients regarding Medicare Part D plan selection.
  - Screening for drug–drug interactions.
- Pharmacists can play an active role in establishing and overseeing immunization programs.
  - True
  - False

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## Guidelines for Pharmacist Counseling of Geriatric Patients

- When communicating with elderly patients, providers are giving the best service when they focus on disabilities.
  - True
  - False
- These guidelines were developed by which professional association?
  - American Medical Directors Association (AMDA)
  - American Geriatric Society (AGS)
  - American Society of Consultant Pharmacist (ASCP)
  - Academy of Managed Care Pharmacist (AMCP)
- The geriatric patient can pose significant challenges with regard to medication management in all of the following areas except:
  - Complex medication regimens.
  - Unavailability of Medicare prescription drug coverage.
  - Adherence.
  - Attitudes toward sickness and medications.

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## Legal Update in NJ, PA, and TX

- It is highly unlikely that any of the regulations being put into place in NJ, PA, or TX will affect any other states.
  - True
  - False
- New Jersey is requiring that the Department of Health and Senior Services post vital information regarding LTC facility ownership that includes all of the following except:
  - Name of the owner of the facilities.
  - Name of the other licensed facilities owned by the same owner.
  - Address and contact information of the facility.
  - Address and contact information of each owner.
- In Pennsylvania “personal care homes” are licensed and inspected by the Department of Public Welfare.
  - True
  - False
- Texas is requiring AL facilities to maintain residents who are enrolled in Medicaid community-based alternatives programs even after the facility exits out of that program.
  - True
  - False

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## Facility-based Physicians in LTC: A Win-Win Model

- Hospitals have a financial incentive for quick discharges because they are paid under the prospective payment system (PPS).
  - True
  - False
- What percentage of physicians stated they never visit a nursing home?
  - 90%
  - 77%
  - 50%
  - 23%
- Of physicians who do visit LTC facilities, how many hours per week do they tend to visit?
  - 10
  - 7
  - 5
  - 2
- The benefit of having a dedicated physician in a LTC facility includes improvement in which of the following?

- a. Quality of care
- b. Staff relations
- c. Financial performance
- d. All of the above

## Creating Whole-person Wellness

15. Whole-person wellness is a philosophy that focuses on disease prevention and physical well-being.

- a. True
- b. False

16. During the preparation phase of the transtheoretical model of behavioral change, a person:

- a. Has no interest in changing.
- b. Practices the new behavior.
- c. Thinks about doing the new behavior.
- d. Prepares for the new behavior.

17. Group encouragement is an important part of the transtheoretical model of change.

- a. True
- b. False

## The ABCs of Implementing EMRs

18. As with most complex issues in LTC, electronic medical record (EMR) implementation is best done solely by the administrator rather than a group.

- a. True
- b. False

19. The starting point in the implementation of an EMR system can include all of the following except:

- a. Contacting vendors.
- b. Evaluating your needs.
- c. Preparing the staff.

20. It is important to remember that most software sales people are paid on the success of a facility's implementation of the system.

- a. True
- b. False

## Beam Me Inside, Scotty!

21. Robot "companions" can provide which of the following functions?

- a. Onsite presence for remote executives
- b. Reduced travel time for consultants evaluating the facility and staff

- c. Ability to remotely move around the facility
- d. All of the above

22. The height of the robot screen is set at the height of many humans, which prevents the need for bending and allows interaction with people.

- a. True
- b. False

23. Most residents are leery of the robotic companions and remain aloof.

- a. True
- b. False

## Biometrics as an Assistive Technology

24. Biometric systems include swipe-card and direct-entry systems.

- a. True
- b. False

25. Biometric systems use which of the following for identification purposes?

- a. Fingerprints
- b. Voice patterns
- c. Irises
- d. Signatures
- e. All of the above

26. In a biometric system, a person must first be "enrolled" by providing a sample of a unique trait.

- a. True
- b. False

ALC

Please see Answer Key below.

22. a	23. b	24. b	25. e	26. a
15. b	16. d	17. a	18. b	19. a
8. d	9. a	10. a	11. a	12. b
1. b	2. b	3. a	4. b	5. c
7. b	6. b			
14. d	13. d			
21. d	20. b			

**Answer Key**

**What do you think?**  
We welcome your input.

Please send your **Letter to the Editor** to:

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