



Arthritis: The Nation's Leading Cause of Disability

\$81 billion was the direct medical cost associated with arthritis in 2003.¹

38% of the 42.7 million adults with doctor-diagnosed arthritis report limitations in their usual activities due to their arthritis.²

67 million adults are projected to have doctor-diagnosed arthritis by 2030. Two thirds of those with arthritis will be women.¹

An 11 lb. weight loss reduces the risk of developing osteoarthritis of the knee by 50% among women.³

3 x weekly moderate physical activity can reduce arthritis-related disability by 47% in adults with knee arthritis.⁴

44 million outpatient visits and almost 750,000 hospitalizations result from arthritis.⁵

418,000 total knee replacements were performed in 2003 primarily because of arthritis.⁶

50% of adults 65+ reported having arthritis in 2003 to 2005.¹

1 in 5 adults in the United States report having doctor-diagnosed arthritis.¹

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