



Osteoporosis, a common condition in older women—as well elderly men—can result fractures that diminish ALF residents' independence, functionality, and quality of life. This syndrome can contribute to hospitalizations or even death. Here are some important facts and statistics about osteoporosis.

44 million...

men and women in the U.S. have osteoporosis or low bone mass. This represents 55% of people aged 55 and older in this country.
(National Osteoporosis Foundation, 2004)

52 million...

men and women are expected to be affected by osteoporosis by the year 2010. If the trend continues, this number will rise to over 61 million by 2020.
(National Osteoporosis Foundation, 2004)

30 million...

women had osteoporosis or low bone mass in 2002. This number is expected to grow to 35 million in 2010 and 41 million in 2020.
(National Osteoporosis Foundation, 2004)

14 million...

men were estimated to have osteoporosis or low bone mass in 2002. By 2010, this figure is expected to climb to over 17 million and to 20 million by 2020.
(National Osteoporosis Foundation, 2004)

57%...

of women with osteoporosis say that the desire to remain healthy and independent is what motivates them to take an osteoporosis medication. Yet most physicians (74%) see preventing fractures as the main motivation for prescribing osteoporosis drugs.
(Alliance for Aging Research, 2005)

1.5 million...

or more fractures are due to osteoporosis each year. This includes over 300,000 hip fractures, about 700,000 vertebral fractures, 250,000 wrist fractures, and 300,000 fractures at other sites.
(National Institutes of Health Osteoporosis and Related Bone Diseases—National Resource Center, 2004)

17 million...

in national direct expenditures (hospitals and nursing homes) due to osteoporosis and related-fractures were estimated to have been spent in 2001. This breaks down to \$47 million each day.
(National Institutes of Health Osteoporosis and Related Bone Diseases—National Resource Center, 2004)

Suggested Resources



For more information on the new Medicare prescription drug benefit (see *As the MMA Storm Moves Toward Us...*, page 15), the following resources may be helpful:

CMS Index of Important Documents

www.cms.hhs.gov/medicarereform/pdbma/general.asp

The Law

Medicare Prescription Drug, Improvement and Modernization Act of 2003

http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=108_cong_bills&docid=f:h1enr.txt.pdf

Regulations

Prescription Drug Plan – Title I (CMS 4068-F)

Summary:

www.cms.hhs.gov/medicarereform/pdbma/TitleISummary.pdf

Final Regulations:

www.cms.hhs.gov/medicarereform/pdbma/4068-F.pdf

Medicare Advantage Plans – Title II (CMS 4069-F)

Summary:

www.cms.hhs.gov/medicarereform/pdbma/TitleIISummary.pdf

Final Regulations:

www.cms.hhs.gov/medicarereform/pdbma/4069-F.pdf

Kaiser Family Foundation:

Index of Important Related Documents:

www.kff.org/medicare/rxdrugdebate.cfm?key%20-%20overviews

Fact Summary Sheet:

www.kff.org/medicare/loader.cfm?url=/commonspot/security/getfile.cfm&PageID=33325

Rule Summary:

www.kff.org/medicare/loader.cfm?url=/commonspot/security/getfile.cfm&PageID=49825

Formulary

CMS Discussion Paper: Role of USP Draft Model Guidelines for Formulary Classification in Determining Formulary Adequacy for the Medicare Drug Benefit

www.cms.hhs.gov/medicarereform/USPWhitePaper.pdf

Draft Guidance of CMS Formulary Review

www.cms.hhs.gov/pdps/formulary%20fact%20sheet.pdf

United States Pharmacopeia (USP):

Medicare Prescription Drug Benefit – Model Guidelines: Drug Categories & Classes

www.usp.org/pdf/drugInformation/mmg/finalModelGuidelines2004-12-31.pdf

Comprehensive Listing of Drugs in the USP Model Guidelines
www.cms.hhs.gov/pdps/usplist.xls